

PHYSICAL EDUCATION

Bachelor of Science

wmich.edu/humanperformance/academics



ABOUT THE PROGRAM

Physical educators promote health and wellness through physical activity, education, and exercise. Health educators increase the health literacy and skill development for children and youth. Together they work as a team to increase the wellness of individuals, schools, and communities with the focus on healthy behaviors and quality of life. The Physical and Health Education Program at Western Michigan University successfully provides future educators with these skill sets. Students who complete the Physical and Health Education Teacher Education program are eligible for teacher certification for both physical education and health education at the K-12 levels in the state of Michigan.



The professors are dedicated to their profession and gave me the skills, knowledge and opportunities to help me succeed.

■ Lindsey Tocco, alumna



Michigan school principals ranked **99% of new teachers prepared at WMU as "effective" or "highly effective"** in 2020-21.



The WMU teacher education unit is accredited by the Council for the Accreditation of Educator Preparation (CAEP).

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WESTERN MICHIGAN UNIVERSITY
College of Education
and Human Development

WHY WMU?

- The physical and health education teacher education program provides an articulated curriculum that incorporates effective instruction, extensive professional field experiences in area schools, state-of-the-art technology, and academic resources.
- Physical and health education teacher education is housed in the Student Recreation Center: a \$32 million, state-of-the-art facility which includes a fitness center, swimming pool, racquetball and tennis courts, a climbing wall and multi-purpose gymnasiums.
- Students gain extensive practical experience, serving as a WMU teaching assistant for two semesters and participating in field practical experiences in four classes prior to completing one full semester of intern teaching at the K-12 level.

PROGRAM REQUIREMENTS

Students begin their studies in the pre-professional program. Special admission is required into the professional, upper-level courses (typically after students' sophomore year).

- Completion of 35 credits
- Achievement of a minimum cumulative grade point average of 2.75
- Completed background check and submission of Judgment of Sentence, Register of Action, or Case Summary for any convictions, if necessary
- Completion and submission of a formal application to the CEHD Office of Admissions and Advising

CAREER POSSIBILITIES

- Physical and health education teacher (K-12)
- Sports coach/manager
- Athletic director
- Activities director
- Community health program director
- Health/fitness consultant
- Personal trainer
- School health coordinator

STUDENT ORGANIZATIONS

- Phi Epsilon Kappa
- Future Teachers of Color
- Kappa Delta International Honor Society in Education
- Western Student Education Association



100% of 2020-21
WMU physical
education
graduates were
employed or
continuing
education within
three months
of graduation.



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